



The ultimate pre-date checklist

Never feel unprepared for a first date again thanks to our cut-out and keep checklist

- Decide on the final venue
- Double check your date has all the details
- Check that you have all your essentials
- Text a friend
- Remember your affirmations
- Read over your messages



Date essentials...

Fill in your own list of must-carry items (we've started you off...)

Hairbrush/comb	
Mobile phone	
Money	

